

BALLET CLASSES

for Adults

Where: Spring Lake School of Dance

515 Passaic Ave.

Spring Lake, NJ 07762

Time: 6:00pm-7:15pm

Day: Mondays

Dates: Jan 5th 12th 19th 26th Feb 2nd 16th 23rd March 2nd 9th

Tuition: \$28 per class or \$225 for all classes

To Register: <https://www.chronicledance.com/classes>

For More Info:

Email: chronicledancetheatre@gmail.com

Phone: 848-404-8150

<https://www.chronicledance.com/>

Instagram: @ChronicleDance

Facebook: Chronicle Dance Theatre

Taught by **Elizabeth Troxler, Artistic Director of Chronicle Dance Theatre**, this Beginner/Advanced Beginner class blends classical ballet technique with musicality and artistry in a supportive, inspiring environment. Designed for adult dancers returning to the studio or just beginning their journey, the class focuses on growth, grace, and the joy of movement.



Chronicle
DANCE THEATRE