

# DAILY SCHEDULE

**MONDAY-FRIDAY**  
AUGUST 24TH-28TH

## Sample Schedule

9:00am-9:45am

Stretch & Conditioning  
Music  
Dance History  
Improv

9:45am-12:00pm

Ballet Technique Class

12:00pm - 12:45pm

Lunch break

1:00pm-3:00pm

Variations  
Pointe  
Contemporary  
Musical Theatre  
Rehearsal

**SATURDAY**  
AUGUST 29TH

## Tentative Schedule

9:00am-12:00pm

Warm-up Class  
Tech/Dress Rehearsal

1:00pm

Performance Showcase  
PALAIA THEATRE

# ABOUT US



Welcome to  
Chronicle Dance Theatre  
— where storytelling and  
movement come together to  
inspire, uplift, and connect. Our  
mission is to empower people  
through the art of dance,  
sharing emotional and powerful  
stories that speak to the heart.  
Chronicle Dance Theatre also  
touches the lives of dancers of  
all ages through performance,  
education, and the joy of artistic  
expression.

## OUR VALUES

- Artistry with Integrity
- Growth through Discipline
- Community & Collaboration

[www.chronicledance.com](http://www.chronicledance.com)



# BALLET INTENSIVE

AUGUST 24TH-29TH, 2026

Train with Intention  
Move with Purpose

# Info

Join **Chronicle Dance Theatre** for an immersive week of classical ballet training designed to strengthen technique, deepen artistry, and inspire confident performance. This 25+ hour intensive offers focused, high-quality instruction in a supportive and challenging environment with a performance opportunity at the end of the session.

## Daily Training Includes:

Ballet Technique, Pointe, Variations, Repertoire, Contemporary, Modern, Musical Theatre, Music, and more!

## Who It's For:

Intermediate to Advanced dancers  
Division I - ages 11-13  
Division II - ages 14-17  
Pro-Division - ages 17&up

## Program Details:

**Dates:** August 24th-29th

**Time:** 9:00am-3:00pm

**Location:** Jersey Shore Arts Center  
66 South Main Street  
Ocean Grove, NJ 07756

**Tuition:** \$650

(due August 15<sup>th</sup> early access discounts available)

**Registration Deposit:** \$75

(due at registration & applies to tuition)

## What's Included:

- 25+ hours of training
- Small class sizes
- Individualized corrections
- Performance showing at end of week
- Guest teachers
- Professional-level instruction
- Emphasis on artistry and storytelling
- Supportive, growth-focused environment

# Elizabeth Troxler Artistic Director

Elizabeth Troxler brings over thirty years of experience teaching ballet to every level from the youngest beginner to the most seasoned professional dancer. She is an enthusiastic, energetic teacher with an eye for detail that can help anyone improve from where they are currently to the next level. Elizabeth has taught ballet at many universities, academies, and professionally in NYC, including at the Martha Graham Company & School, impacting dancers from all over the world. She is a certified teacher of the Royal Academy of Dance, but also a student of Vaganova, Cecchetti, and other training methods. Explaining concepts to help impact the dancer for the rest of their lives is Elizabeth's specialty.

She has performed roles such as the Lilac Fairy in *The Sleeping Beauty*, the Sugar Plum Fairy in *The Nutcracker*, and the Pas de Trois from *Swan Lake* with The Nacional Ballet de Panama & The Illinois Ballet, as well as in *Don Quixote*, *Les Sylphides*, *Ballet Études*, *The Little Mermaid* & *Alice in Wonderland*. She has performed in *Mame*, *CATS*, *Beauty & the Beast*, *An American in Paris*, *Sweet Charity*, *Anything Goes*, & *Brigadoon*.

Elizabeth has conceived, created, and choreographed full length ballets such as *Peter Pan*, *The Snow Queen*, *Rumpelstiltskin*, and *Hansel & Gretel*. She has choreographed/directed *West Side Story*, *Newsies*, *Legally Blonde*, *Matilda*, *Fiddler on the Roof*, *Bright Star*, *Chess*, and *On the Town*.

Elizabeth is currently the Artistic Director of Chronicle Dance Theatre and of Allongé Films continuously touching lives and story telling through dance. Her student are performing professionally in ballet companies, concert dance, and Broadway.

## How to Register:

Complete the form and submit with registration deposit and/or full payment.

### Email:

chronicledancetheatre@gmail.com

### Mail:

Chronicle Dance Theatre  
924 Elwood Street  
Forked River, NJ 08731

# Registration Form

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ DOB: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PARENT/GUARDIAN (UNDER 18):  
\_\_\_\_\_

EMERGENCY CONTACT NAME:  
\_\_\_\_\_

PHONE: \_\_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> DIVISION 1 -<br>AGES 11-13 | <input type="checkbox"/> REG DEP - \$75                       |
| <input type="checkbox"/> DIVISION 2 -<br>AGES 14-17 | <input type="checkbox"/> TUITION - \$650                      |
| <input type="checkbox"/> PRO-DIVISION<br>AGES 17&UP | <input type="checkbox"/> EARLY ACCESS I<br>(5/31/26) - \$500  |
|   | <input type="checkbox"/> EARLY ACCESS II<br>(6/30/26) - \$575 |

## WAIVER & SIGNATURE:

I UNDERSTAND AND ACCEPT THE POLICIES OF CHRONICLE DANCE THEATRE AND RELEASE THE ORGANIZATION FROM LIABILITY IN THE CASE OF INJURY. I GRANT PERMISSION FOR CDT TO PHOTOGRAPH OR RECORD ME DURING CLASSES AND REHEARSALS. I UNDERSTAND THESE MAY BE USED FOR PROMOTIONAL, ARCHIVAL, OR EDUCATIONAL PURPOSES.

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE:  
\_\_\_\_\_